



**Girl Scouts®**

# ***Striving for the Silver***



## ***Girl Scout Silver Award Workbook***

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# STEP 1: ORGANIZE

## Get Ready

- Read the insert *Go For It: Girl Scout Silver Award*.
- Meet with your advisor and develop a timeline of when and how you'll earn each of the three awards in Steps 2-4.
- Consider when you would like to begin your Girl Scout Silver project.
- Make an agreement with your advisor.

## My Advisor

My Advisor is \_\_\_\_\_

We met on \_\_\_\_\_

I agreed to \_\_\_\_\_

My advisor will help me with the following:

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Advisor's Signature \_\_\_\_\_

My Signature \_\_\_\_\_

## STEP 2: LEAD

### Earn the Girl Scout Silver Leadership Award

**Earn It:** Choose and earn an Interest Project Patch (IPP) that you feel will help you practice living each of these four sets of values in the Girl Scout Law.

#### **IPP that helps you practice one of the following four sets of values:**

Honest and fair; friendly and helpful; considerate and caring; courageous and strong.

IPP I chose \_\_\_\_\_

How did the IPP help me live the law? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### **IPP that helps you practice one of the following three sets of values:**

Responsible for what I say and do; respect for myself and others; respect authority.

IPP I chose \_\_\_\_\_

How did the IPP help me live the law? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### **IPP that helps you practice one of the following three sets of values:**

Use resources wisely (don't waste what you have, make the most of your abilities, keep learning new things); make the world a better place (preserve the world of nature, be a friend to animals, plants and the earth); be a sister to every girl scout.

IPP I chose \_\_\_\_\_

How did the IPP help me live the law? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Believe It** Earn the charm the Studio 2B Focus Book 'Uniquely Me: The Real Deal' by setting and achieving goals in conversation with an adult advisor.

Reaching and Setting Goals: Be SMART!

- Specific** - What will you do? Your goal should relate to one, focused thing.
- Measurable** - You should be able to check your progress towards your goal.
- Achievable** - You can do it given your talent, situation and resources. Your goal should be set by you rather than by someone else because you know your strengths and weaknesses. What will you do to achieve it?
- Realistic** - Goals should be based on what actually can be done. Can you really achieve it or is it too hard?
- Timeframe** - Each goal should have a start date/time and a finish date/time.

<b><i>S</i></b> <i>pecific</i>	
<b><i>M</i></b> <i>easurable</i>	
<b><i>A</i></b> <i>chievable</i>	
<b><i>R</i></b> <i>ealistic</i>	
<b><i>T</i></b> <i>imeframe</i>	

My goals are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**Journal It** Consider what you have learned in earning your Girl Scout Silver Leadership Award by completing the following statements.

I demonstrated a real understanding of the Girl Scout Law by applying it to this situation in my life:

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A talent, quality or skill I have that adds to my leadership ability is:

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I used it in these ways:

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I have shown my personal integrity and honor by:

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## STEP 3: NETWORK

### Earn the Girl Scout Silver Award Career Award

#### What's Out There?

What do you want to be when you grow up?

Read newspapers, go online, visit your library or talk to adults as a way of finding out about:

Research one job that you currently know nothing about and answer these questions:  
Would you like to do it? Why or why not?

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Research one job that is traditionally not a female-dominated career:  
What training do you need for this job? Would you like to do it?

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Explore one job that requires a college degree plus a graduate degree. What kinds of subjects do you have to study and what kinds of schools offer the degree programs required to enter this field?

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Explore one job that requires artistic or mechanical skill. How would you prepare for this job? What steps could you take to succeed in this career?

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**Who's Out There?** Talking to people about their jobs gives you more information, builds communication skills and gives a network of contacts.

**Ask a college student the following:**

What classes are you taking?

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Why are you taking these classes?

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What job do you expect to get when you are done?

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**Find at least three adults with different jobs.**

List them here.

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**Find somebody you know that has a job that sounds interesting to you.**

Ask: How do you spend a typical day?

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What do you like most about your job?

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**Be Your Own Boss**

Like to do your own thing? Maybe you are an Entrepreneur at heart.

**Earn the *Your Own Business IPP Award*.**

## Keep a Journal

Use writing to capture and consider what you have learned in earning your Girl Scout Silver Career Award by completing the following statements.

I have three new ideas about making career choices:

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A talent, quality or skill I could use in a future career is:

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A talent, quality or skill I could use in my Girl Scout Silver Award Project:

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A person I met who could help me with my Girl Scout Silver Award project is:

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I think this person could help me by:

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Other people and/or resources I could contact for my Girl Scout Silver Award are:

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# STEP 4: CREATE

## Earn the Girl Scout Silver 4B's Challenge

1. **Become:** Figure out what you need to do to become your best self in the future. This chart will help:

Skill	I'm Great at This	I Could Use Some More Practice
Listening to others		
Talking to people		
Making decisions		
Planning and organizing		
Time management		
Budgeting and money management		
Helping people get along		
Getting along with people different from myself		
Solving problems		
Dreaming up great ideas		
Getting and keeping people enthusiastic		
Teaching others something I'm good at		

Pick a skill from the "I Could Use More Practice" column and set an improvement goal:

**Specific** \_\_\_\_\_

**Measurable** \_\_\_\_\_

**Achievable** \_\_\_\_\_

**Realistic** \_\_\_\_\_

**Timeframe** \_\_\_\_\_

**2. Belong** The more you get to know yourself, other girls and adults, the more successful you will be at setting and reaching your Girl Scout Silver Award Project goals. Earn a charm for the Studio 2B Focus Book 'Looking In Reaching Out' by setting goals for yourself with the help of an adult advisor.

Reaching and Setting Goals: Be SMART!

<b><i>S</i></b> <i>pecific</i>	
<b><i>M</i></b> <i>easurable</i>	
<b><i>A</i></b> <i>chievable</i>	
<b><i>R</i></b> <i>ealistic</i>	
<b><i>T</i></b> <i>imeframe</i>	

My goals are:

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I will measure them by:

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I will complete them:

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**3. Believe**

Identify an issue in your school or community that you feel strongly about. Research it. Find out what community organizations are working on it. Attend a town meeting.

Issue: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How can you make a difference in seeing that the issue is resolved in the way you would like? One voice can change minds. Use your voice by:

1. Making a presentation to your school, community group, place of worship, Girl Scout group or other group.
2. Writing a letter to an electronic community bulletin board or Web site or a local newspaper.
3. Organizing a group meeting.
4. Writing a letter or e-mail, making a phone call, or making an appointment to speak with a local elected official.

What did you do?

\_\_\_\_\_  
\_\_\_\_\_

What did you learn about your issue and your community?

\_\_\_\_\_  
\_\_\_\_\_

Who/what is currently working to address this issue?

\_\_\_\_\_  
\_\_\_\_\_

What can you do to help?

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**4. Build** In Step 3, “Believe”, you chose an issue; but to make your mark, you need to have the right information. You need to think about this issue from all angles and brainstorm many possible solutions before you take action. Collect as much information as possible using questions such as these for a guide:

- Are there people who have points of view different from your own?
- If so, ask them to explain their viewpoints to you.
- How many people does your issue affect and who are they?
- What other issues relate to this particular issue?
- What other organizations are working on this issue?
- What have other people tried to do in support of this issue?
- What has worked and what hasn't?
- What rules are in place that will affect this issue one way or another?

When you have gathered all this information and considered factors such as time, people needed, and potential problems, use this worksheet to sketch several plans.

### **My Plans and Solutions**

Issue:

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Possible Solution 1:

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Possible Solution 2:

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Possible Solution 3:

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Which solution would you choose and why?

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## STEP 5: ACT

### Earn the Girl Scout Silver Award

Everything you've done in Steps 1-4 has led you to this moment!  
It's time for you to use your voice and make your mark in the community.

**Plan It:** Figure out what the problem is and what you want to do about it.  
My issue is:

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**Know More About It:** Collect as much information as you can. Use the internet, read the paper, do some research, talk to people.

**Choose It:** Choose what you specifically want to do about your issue. The Girl Scout Silver Award project can be done in or outside of Girl Scouting. Remember the Girl Scout Silver Award is a **leadership project** not just a community service project.

Brainstorm all the ways you can solve the problem and then decide what is the best way to go. Some questions to help you with your decision:

- Do you have enough resources (time, money, and help)? If not, how can you get what you need?
- Is your Project Advisor the same person who signed your workbook in Step 1? You must have an Adult Advisor from the group or organization you are working with.
- How will you know if you succeeded? If you determine that you wouldn't know, then maybe you need to rethink your solution. If you discover that one solution is too costly, move to another.
- Make sure your project is what YOU want to do.

**Map It:** Write down the steps you need to take and what resources you will need.

- Make a timeline specific to your project.
- Organize the people and other resources you'll need to carry out your plan.
- Other Girl Scouts may help you in with your project, but your specific leadership role must be identified from beginning to end.
- If girls work together on a Silver Award project, each must have a clearly defined role.

**Do It:** Put your plan into action.

- Identify a mentor; submit and discuss your project proposal with her/him.
- Know that you might have to make changes.
- Be flexible and think as you go -- that is what makes your project a success.



# Girl Scouts Heart of the Hudson

## Girl Scout Silver Award Application

Please fill out and return this Application to your Girl Scout Silver Award Mentor before you begin your project. Remember to keep a copy for yourself. Please print clearly or attach a typed copy of the requested information.

### Personal Data:

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_  
 Community # \_\_\_\_\_ Troop # \_\_\_\_\_ Email \_\_\_\_\_  
 School \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_  
 Name of Troop Advisor \_\_\_\_\_ Troop Advisor's Phone # \_\_\_\_\_  
 Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_  
 Today's Date \_\_\_\_\_ Anticipated Start Date \_\_\_\_\_

### STEP 1: GET READY

Girl Scout Silver Award Project Advisor:

Project Advisor's Phone: (      )      Project Advisor's E-Mail:

**Attach copy of timeline developed by you and your advisor.**

### STEP 2: GIRL SCOUT SILVER LEADERSHIP AWARD

Activities	Date Completed	Advisor* Signature
1. Earn It: IP:		
IP:		
IP:		
2. Believe It: Studio 2B Focus Book:		
3. Lead It: (15 hours) Describe:		

\*Can be signature of your troop/group advisor or Girl Scout Silver Award project advisor.

STEP 3: GIRL SCOUT SILVER CAREER AWARD	Date Completed	Advisor Signature
What's out there?		
Who's out there?		
Your Own Business Interest Project Award		

STEP 4: GIRL SCOUT SILVER 4 B'S AWARD

Activity	Date Completed	Project Advisor Signature
A. Become		
B. Belong— STUDIO 2B Focus Book:		
C. Believe Issue: How did you use your voice?		
D. Build: Describe your solution:		

STEP 5: GIRL SCOUT SILVER AWARD PROJECT

Title of Project:

Start date:

Completion date:

Please attach a typed copy of the answers to the following questions.

- A. Describe the issue your project will address, what you hope to achieve, and who will benefit.
- B. Discuss the reasons for selecting this project.
- C. Describe the steps involved for putting your plan into action, including facilities and/or equipment needed. (You can attach your Project Plan)
- D. Indicate methods and/or tools you will utilize to evaluate the effectiveness of your project.
- E. List the consultants and resources you will use.

Title of Girl Scout Silver Award Project

Please describe your project in two sentences

Your Signature: \_\_\_\_\_ Date \_\_\_\_\_

Silver Award Project Advisor: \_\_\_\_\_ Date \_\_\_\_\_

<b>ACTIONS: FOR COUNCIL USE ONLY</b>	<b>DATE:</b>
Approved by Mentor:	
Suggestions given to girl:	
Received by Council:	

## STEP 6: REFLECT

### Think about it

Reflecting on what you did is important. Use these answers to fill out your final report form. Submit with your Girl Scout Silver Award final report form.

### Ask yourself:

What was the goal of the project? How did you evaluate its' success?

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Did you have any difficulties? How could you have avoided them?

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What did you learn about yourself and others?

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Describe the leadership component of your project:

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How will your project make a difference?

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What resources (people, facilities, equipment) did you use?

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# Girl Scouts Heart of the Hudson

## Girl Scout Silver Award Final Report

Upon completion of your project, attach a typed copy of the answer to the following questions. Submit it to your Girl Scout Silver Award Project Mentor.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Community # \_\_\_\_\_ Troop # \_\_\_\_\_ Email \_\_\_\_\_

School \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Name of Project Advisor \_\_\_\_\_ Project Advisor's Phone # \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Today's Date \_\_\_\_\_ Project Completion Date \_\_\_\_\_

Briefly evaluate your project:

- A. Describe the issue your project addressed, what you achieved, and who benefited.
- B. List the skills, talents, and abilities that you put into action.
- C. Describe the steps involved for putting your plan into action, including facilities and/or equipment utilized. (You can attach project plan).
- D. List those people (leaders, mentors, parents) who helped you with your project. Include methods & tools utilized to evaluate the effectiveness of the project.
- E. What resources did you find most helpful?
- F. What would you do differently?
- G. Overall project expenses and how you met these costs (attach budget sheet)

Your signature: \_\_\_\_\_ Date \_\_\_\_\_

Silver Award Project Advisor: \_\_\_\_\_ Date \_\_\_\_\_

<b>ACTIONS: FOR COUNCIL USE ONLY</b>	<b>DATE:</b>
Received by Mentor:	
Received by Council:	
Award given to girl:	







Your Girl Scout Silver Award project can be done in or outside of Girl Scouting. If your project is done within Girl Scouting, you must reach out to the community in some way.

You must complete Steps 5 & 6 by Sept. 30 after the completion of 9<sup>th</sup> grade.

### Think About It

- Evaluate your project with your adult advisor

You must be 12-14 or in grades 7-9 to begin Steps 5 & 6.

### STEP 5 ACT

#### Girl Scout Silver Award Project

Your Girl Scout Silver Award Project must take a minimum of 40 hours.

Plan It	Choose It
Know more about it	Map It Do It

The time you spend working on the 4B Challenge may be applied to your Girl Silver Award project hours.

### STEP 4 CREATE

#### Girl Scout Silver 4 B's Challenge

- Become - Set goals for self-improvement
- Belong - Earn the charm for *STUDIO 2B Focus: Looking in, Reaching Out*
- Believe - Identify a community issue
- Build - Focus on a solution

### STEP 2 LEAD

#### Girl Scout Silver Leadership Award

- Earn 3 IPAs related to parts of the GS Law
- Earn STUDIO 2B Focus charm *uniquely Me! The Real Deal*
- Lead it: spend 15 hours in one or more leadership roles

### STEP 3 NETWORK

#### Girl Scout Silver Career Award

- What's out there? Explore career choices
- Who's out there? Talk to people about their jobs
- Earn the Your Own Business IPA

Use "Go For It" GS Silver Award STUDIO 2B Basics insert to keep records and journal Steps 2-5. Good record keeping will help you in Step 6.

### STEP 1 ORGANIZE Get Ready

- Create and sign an agreement with your adult advisor
- Read *STUDIO 2B Go For It Girl Scout Silver Award* insert OR attend a council sponsored Girl Scout Silver Award workshop
- Meet with your adult advisor and develop a timeline for Steps 2-4; include some thinking about where Step 5 might fit on your timeline

- Accomplishments prior to age 11 or going into 6<sup>th</sup> grade can not be used toward the Girl Scout Silver Award.
- A girl must be age 11-14 or in grades 6-9 to begin work Steps 1-4 of the Girl Scout Silver Award.
- The first four steps must be completed before the Girl Scout Silver Award project is undertaken.